SLENDERIIZ

Drops to Drop





Proven Weight Loss

The Slenderiiz® Program is the only healthy and natural program proven to help you lose weight 2x faster* than with diet and exercise alone. It's a weight loss plan that guarantees results — or your money back!** The Slenderiiz Program is more than just weight loss, it's an easy-to-follow path developed in partnership with medical doctors, scientists, wellness experts and athletes to truly transform your mind and body. Now, let's get started on your wellness transformation.

Reset. Burn Fat. Maintain.

The Slenderiiz Program is simple. There are just three steps to help you win at weight loss.



Reset

Reset your mindset and set yourself up for success with a little prep. Begin by changing your diet to just consist of Slenderiiz Approved Foods. That means eliminating fast food and junk food from meals, plus conducting a kitchen cleanse of processed foods. Incorporate the recommended products into your routine for optimal support, and aim to drink 8 fl oz of water, 8-10x daily. These steps will pave the way for your healthier lifestyle.

- Eat from the Slenderiiz Approved Food List
- Stop eating fast food and junk food
- Remove processed food from your kitchen
- Drink 8 fl oz of water, 8-10x daily



Burn Fat

After your Reset, keep sticking to the Slenderiiz Approved Food List, plus make sure to incorporate our recommended supplements, so your body is getting everything it needs for optimal performance. Staying hydrated is also important; drink 8 fl. oz of water, 8-10x daily. And unlike the first phase, you're going to add in movement! Try to get in 15-30 minutes of exercise per day. This will help you burn fat!

- Eat only from the Slenderiiz Approved Food List
- Drink 8 fl oz of water, 8-10x daily
- · Move 15-30 minutes daily



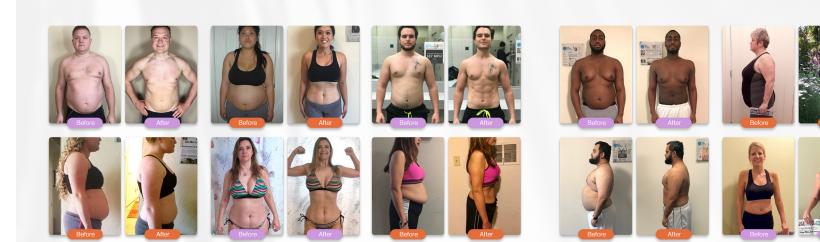
Maintain

To maintain all your hard work, we have a few recommendations. Continue to prioritize the Slenderiiz Approved Food List. Keep up your supplement routine, daily exercise and hydration. All of these steps will help ensure the longevity of your success! After all, it's not just about losing the weight, it's about losing the lifestyle and mindset that got you there.

- Eat from the Slenderiiz Approved Food List
- Drink 8 fl oz of water, 8-10x daily
- Move 15-30 minutes daily
- Avoid processed foods

^{*}In a study, subjects using Slenderiiz products lost more than twice as much weight as subjects who did not use Slenderiiz products. All participants limited daily food intake to 1,250 calories, Individual results vary.

^{**}Subject to Partner.Co Terms and Conditions, Partner.Co products are backed by a 30-day money-back guarantee. Please visit partner.co/return-policy for more details.



Real People, Real Results

The proof is in the pics.

The Slenderiiz Program helps you take in fewer calories than you burn via calorie-restricted eating, healthier food choices and increased physical activity. You can expect to lose up to 12 pounds in a month depending on a number of factors.†

Before you get started, take your "Before" picture and start tracking your measurements:

Date			
Weight			
Neck			
Chest			
Bicep	 		
Waist	 		
Hips			



Begin your wellness journey by hitting the "Reset" button. Whether you're coming off a food-filled holiday season or simply have strayed from eating healthy, the Reset phase helps you kickstart healthy habits so you start burning fat.

Pro Tip

Eat right

Eat three regular, healthy meals with foods from the Slenderiiz Approved Food List, All the foods on the Approved Food List are delicious and nutritious and more importantly low glycemic, meaning they will help keep your blood sugar levels even.

Cut out fast food and junk food





clearing your cupboards high-sodium frozen

Hydrate

Help vour gut



Detox

Start taking Restroriix you lose weight.





Drops to drop

Start taking Slenderiix™ and Xceler8™ Drops daily, as directed. Slenderiix is a homeopathic formula designed to curb hunger and assist the release of fatty deposits. Xceler8 helps increase metabolic rate, enhance energy levels and stabilize mood using a proprietary combination of methylcobalamin (a form of vitamin B12), biotin and a blend of adaptogenic herbs.



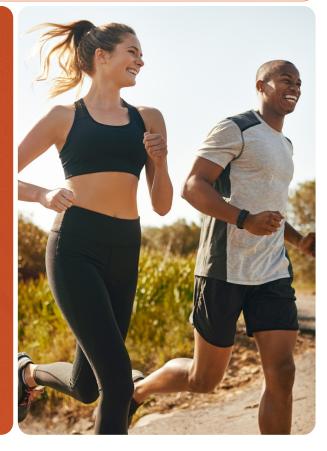


2 Burn Fat

A modest aerobic exercise program is good for your health. Start walking, hiking, swimming, jogging, biking, etc, for **15-30** minutes per day, five times per week.

If you've not been getting much exercise prior to this program, it's important to begin slowly, building up to the recommended amount of exercise over the next few weeks.

Remember, muscle weighs more than fat but it takes up less space. When you increase exercise, you lose fat and gain muscle, which slows the appearance of your weight loss on the scale. Tracking your inches can help you see the difference!



Approved Food List

Focus on fresh, organic foods to help you avoid sodium, unhealthy fats and processed foods that will spike your blood sugar, cause inflammation and slow down your weight loss.

Portion Sizes

Fruit = Palm

Protein = Palm

Fat = Thumb

Vegetables = 2 Fists

Carbohydrates = Tennis Ball







Thumb = 1 oz.





Fist = 1c.



Tennis Ball = $\frac{1}{2}$ c.

SLENDERIIZ



SLENDERIIZ

PROTEIN Animal-based

Fish/Seafood*:

Anchovies

Cod

Crab

Hake

Crayfish

Any white fish

Best choices: grass-fed, free-range, raised without hormones, wild-caught, fresh, not preserved, nitrate-free

Beef: Ground, Roast. Steak, Tips

Buffalo Chicken

Duck Eggs Lobster Mackerel Mussels Red Mullet Salmon Seahass Shrimp

Swordfish

Tuna

Trout

Flounder Lamb Halibut Turkey

Venison

Beans: Black,

*Include Restoriix as directed to help remove any potential heavy metal buildup.

Turkey Bacon

Lentils

Low-Carb **Protein Bars**

Quinoa

Plant-based

Cannellini, Kidnev, Lima

Tofu, Organic Chickpeas Avoid highly (Garbanzo processedmeat Beans)

alternatives due to added salt. preservatives. wheatand sugar.

Sweet Potato

Swiss Chard

Watercress

Yams

Zucchini

Raw/Sprouted

Nuts

Tempeh

VEGETABLES Anything green is generally good, so try something new!

Best choices: organic, in-season, fresh

Bok Choy

Broccoli

Celery

Chard

Celeriac

Brussel Sprouts

Artichokes Asparagus Arugula

Bamboo Shoots Cabbage Beans: Carrots Cauliflower

Green, Runner **Bean Sprouts**

Beet Greens Beets

Bell Peppers Black Kale

Chili Peppers Collard Greens

Cress Sprouted Cress Seeds

Cucumbers Dandelion

Greens Endive

Curly Endive Green Beans

Choi Sum Greens Chicory Greens Leeks Lettuce: Green Leaf, Red Leaf.

Romaine Mushrooms

Mustard Greens Okra

Onions Parsnip

Peas: Garden, Snap, Snow

Pickles: Dill

Radicchio Greens

Radish: Daikon, Garden

Red Cabbage Rhubarb

Sprouts Shallots Squash: Butternut. Spaghetti, Summer.

Yellow

Spinach

SEA **VEGETABLES**

Dulse Hiiiki

Nori

Kombu Wakame

Kelp

FRUITS

Best choices: organic, in-season, fresh

Apples Cherries Avocados Raspberries Blackberries Strawberries Blueberries

Tomatoes

HEALTHY FATS

Reserve 250-300 calories a day for healthy fats. Avoid vegetable, canola, corn, peanut, soybean, sunflower and cottonseed oils.

Coconut Oil (may be used for cooking: 1 spoonful = 100 calories)

Avocado

Avocado Oil

Borage Oil

Olive Oil, Extra Virgin, Cold-Pressed

Flaxseed Oil

50 mg Chia Seeds, Hemp Seeds, Raw Pumpkin Seeds, Raw Walnuts

(or 2 spoonfuls of their coldpressed oils for salad dressing)

Fermented condiments, such as kimchi or sauerkraut, are helpful for metabolism and digestion. Avoid condiments with sugar, artificial sweeteners and high amounts of sodium.

CONDIMENTS

Horseradish, Pure (not horseradish sauce)

Ketchup, Organic (no sugar or sucralose)

Kimchi Mustard

Olives: Packed in Vinegar, Sun-dried

Picante Sauce Pickle Relish

Salsa

(read ingredients; often contains sugar)

Sauerkraut

Soy Sauce (wheat-free, low sodium)

Tabasco Sauce Tamari (aluten-free)

HERBS

Basil Bay Leaf

Caraway Seeds Mint

Cardamom Cavenne Pepper

Chives Cinnamon

Cloves

Cilantro/ Coriander

Curry Leaves

Dill Fennel

Wasabi

Lemongrass

Makrut Lime Leaves

Oregano

Nutritional Yeast

Paprika Parsley

Rosemary Chili Flakes Sage

> Saffron Tarragon Thyme

Turmeric

Vanilla Bean Garlic (not essence with an alcohol Ginger base)

SPICES

Best choices: salt-free and sugarfree spices

Apple Cider Vinegar

Balsamic Vinegar

Black/Pink Pepper

Cayenne

Cumin

Curry Powder (all varieties, but check for no sugar)

Dulse Flakes

Garlic

Kelp Flakes

Lemon

Lime

Mustard

Onion Powder

Sea Salt Turmeric

SWEETENERS

Liquid Stevia Drops/Powder (should not contain maltodextrin)

Monk Fruit

AVOID

barley, bread, cereals, chemical sugar replacements chips. chocolate, commercial dairy products, couscous, flour, iodized table salt, iam, pasta, potatoes, pretzels, processed meats, rice, roasted/salted nuts, sodium-rich foods (i.e., canned soups), trans fats, vegetable oils

Sample Daily Menu

Simplify your meal routine with this easy-to-use menu that will help you stress less and lose more.

Breakfast

2 protein portions
1 fruit portion

Snack

1 fruit portion ½ avocado or ½ cup of nuts

Lunch

1 protein portion2 vegetable portions1 healthy fat portion

Snack

(no fruit after 1 p.m.) 1 vegetable portion 1 healthy fat portion

Dinner

1 protein portion
2 vegetable portions
1 healthy fat portion

Snack

1 protein portion

Protip

Consume a minimum of 1,200 calories a day. If you are exercising, replace the calories burned if daily calories drop below 1,200. Eat 80 g of protein a day. Stick to green vegetables as much as possible. Use oil, avocado or nuts as the fat.



3 Maintain

Congratulations! Reaching your weight loss or fitness goals means you've mastered a set of skills. Essentially, you've built wellness habits and practices. Now the game changes to maintenance.

Continue healthy habits

- Eat from the Approved Food List
- Move daily
- Drink 8 floz of purified water, 8-10x daily
- Celebrate regularly

Avoid

Stay wary of processed foods. Processing often strips food of beneficial fiber and vitamins and processed food typically has high fat, salt and sugar. It's called "junk" food for a reason.

Protip If you find yourself hitting a plateau after six months of beginning the program and you've stopped losing weight before you've reached your goal, it's recommended you discontinue taking Slenderiix drops for one month. Continue taking Xceler8 drops and consider adding Rejuveniix with breakfast. This will jumpstart your body, allowing further weight loss.



Products With **A Purpose**

In each phase, there are key Partner. Co products that will not only support your weight loss, but the factors that impact it, such as optimal cellular nutrition, body fat stores and hormone balance, energy elevation and blood sugar levels. Here's how you can benefit the most from our supplements.





Slenderiix

Fights hunger and helps eliminate fat

3x Per Day Directions: 10 minutes

before each

under tonque

for 30 seconds

meal, hold

energy

Directions:

Before breakfast and lunch and after taking under tonque for 30 seconds



Xceler8

Helps increase metabolic rate and enhances

2x Per Day

Slenderiix, hold



Restoriix

Helps remove toxins and balance pH

1x Per Day

Directions: Mix1scoop with water



Elite"

Helps balance hormones and reduce stress

1x Per Day

Directions: Mix with 16 floz water



Probiotiix

Supportsgut health and reduces bloat

1x Per Day

Directions: Take 1 capsule daily



Water

Hydrates and

flushes toxins

8-10x Per Day

as you begin

burning fat

PureNourish[™] Power

Provides protein and amino acids

2x Per Day

Directions:

Blend2scoops

with 8 floz water.

unsweetened

almond, oat or coconutmilkand a cup of added fruit

Boost" Helps build muscle Rehydrates and and boosts mental helps fortify skin cognition

1x Per Day Directions:

Add1scoop to 2 scoops PureNourish and 8 floz water

Add1scoop to 2 scoops PureNourish and 8 floz water

Beauty

Boost"

and hair

1x Per Day

Directions:



PureNourish

Provides healthy low calorie snack

1x Per Day

Directions: Blend2scoops with 8 floz water. unsweetened almond.oator coconut milk



Optimal-M[®]

Provides minerals to support bones, nerves and muscles

2x Per Day

Directions: Take 2 capsules twice daily

lungs

2x Per Day Directions: Take 3 capsules



Optimal-V[®]

Provides vitamins Helps boost

Directions: Take1capsule twice daily



Renew

Helpsreduce

body fat, combat sorenessand improve restorative sleep

1x Per Day

Directions: Blend1stick pack to 4-8 floz water



Reiuveniix"

Helps increase

Directions: Take 2-4 capsules daily as needed



Giving Greens*

Provides nutrients of 2.5 lbs of veggies plus digestive support

1x Per Day

Directions: Blend 2 scoops with 8 floz water



Tahitian

ORIGINAL

Provides nutrients

Noni[®]

and boosts

1x Per Day

immunity

Omega-Q

Supports the cardiovascular system and brain health

2x Per Day

Directions: Take1softge twice daily. preferably with meals



Vináli®

to support heart. immunity and eves, skin and maintain skin

twice daily



Directions: Drink 2 floz daily



Impact of Blood Sugar and Hormones

Sugar

The Slenderiiz Program helps maintain blood sugar levels and balances hormones — such as insulin, leptin, ghrelin and cortisol — so you can reach your wellness goals.

Hormones

Brain Excessive sugar lights up the reward center making it difficult to cut out

Skin

Excessive sugar accelerates skin aging

Heart

High blood sugar levels can harden arteries and damage heart tissues

Liver

The liver converts surplus sugar into fat. Overloading with sugar is similar to overloading with alcohol

Fat Cells

Excess insulin in your blood stream, caused by your body absorbing too much sugar, can cause weight gain









Excess cortisol can slow digestion

Waist

Excessive cortisol can increase insulin production, which can cause weight gain

can cause your brain to not recognize that "I'm full" feeling.





Brain

Excessive cortisol secretion raises or lowers your mood



Stomach

Ghrelin sends "I'm hungry" signals to the brain

Digestive System



Larger fat cells produce more leptin, which





Slenderiix

Kill Your Cravings

- Homeopathic formula
- Helps reduce hunger and control appetite so you feel in control
- Eliminates fat stores so you experience more inches lost

How to use:

Fill the dropper with 0.7 mL (approximately 15 drops) and squeeze the solution under your tongue. Wait 30 seconds and then swallow. Do this three times daily before meals. Make sure you take Slenderiix on an empty stomach and do not eat for at least 10 minutes before or after swallowing the drops.



Xceler8

Boost Your Metabolism

- Proprietary combination of methylcobalamin (vitamin B12), biotin (vitamin H) and a blend of adaptogenic herbs that help with weight loss
- Enhances energy levels so you can move more while you eat less
- Helps stabilize stress response and mood so you don't seek comfort food

How to use:

10 minutes after taking Slenderiix drops, shake the bottle of Xceler8 and fill the dropper with 1 mL of solution. Squeeze it under your tongue and wait 30 seconds before swallowing. Take Xceler8 with breakfast and lunch. Meals can be eaten immediately after taking Xceler8.

Hormone Free

SLENDERIIX

HOMEOPATHIC WEIGHT MANAGEMENT FORMULA 1 Bottle Purpose: Helps to temporarily reduce minor hunger pangs and control appetite to support weight loss efforts.

Directions: Place 0.7 ml (approximately 15 drops) under the tongue three times daily before meals. Leave under tongue for 30 seconds, then swallow. Do not eat or drink 10 minutes before or after taking Slenderlix.

Warnings: If pregnant or breast-feeding, do not use. Keep out of reach of children. Not for use by children under 18. Tamper Resistant Seal: If seal is broken or missing, do not use.

Ingredients: Ammonium Bromatum 12X, Avena Sativa 6X, Calcarea Carbonica 9X, Fucus vesiculosus 6X, Graphites 12X, Ignatia Amara 9X, Kali Phosphoricum 12X, Lycopodium Clavatum 6X, Natrum Mur 12X, Sulfuricum Acidum 12X, Thyroidinum 9X

Inactive Ingredients: Grain Alcohol 20%, Natural Flavors, Stevia Leaf, USP Purified Water

Store in a cool place, away from sunlight.

Dietary Supplement

XCELER8

METABOLISM SUPPORT& INCREASED ENERGY

1 Bottle

Purpose: Helps metabolism and increased energy in weight loss efforts.‡

Directions: Shake well before using. Take 1 mL two times daily, 10 minutes after taking Slenderiix drops with breakfast and lunch. Meal can be eaten immediately following Xceler8.

Warnings: If pregnant or breast-feeding, do not use. Keep out of reach of children. Not for use by children under 18.

Tamper Resistant Seal: If seal is broken or missing, do not use.

‡These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 24 (1 mL) Servings Per Container: 59

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Amount	%DV				
Vitamin B12 (as Methylcobalamin) 600 mcg 25,000%					
Biotin	100 mcg	333%			
Rosehips Fruit Extract	10 mg	*			
Acerola Fruit	2.5 mg	*			
Proprietary Energy Blend	37.5 mg	*			
Green Tea Leaf Extract, Fresh Ashwagandha Boot Extract, Bhodiola Bosea Boot Extract					

*Daily Value (DV) Not Established.

Other Ingredients: Vegetable Glycerin, Water, Stevia Leaf Extract, Peppermint Essential Oil

Contains one (1) 2 fl oz (59 mL) of Slenderiix and Xcerel8

Mfg. For: PartnerCo USA, Inc. 7158 S. FLSmidth Drive, Suite 250, Midvale, UT 84047, USA Made in USA.

Scan here:



Unlock the Slenderiiz program, a simple and effective tool to maximize your fat loss results and lose weight for good.

partner.co

Slenderiiz.com

For more information, visit **Partner.Co**

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